



# Match Photo Challenge

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STAYING CONNECTED WHILE STAYING AT HOME

## Here's how it works.

1. Do an activity with your Big/Little.
2. Submit photo or video & description of each activity you do.
3. Earn points and win prizes!

## Prizes

Once you reach...

- 2 Points: A Shout Out on social media (permission required for Little)
- 8 Points: BBBS Swag or a Gift Card for Big & Little
- 18 Points: Pizza Party delivered to both of you!

## Submissions

Submit your photos/videos + descriptions of activity to our Competition Master, Elisabeth Chun: [Elisabeth.chun@bbbsnorthwest.org](mailto:Elisabeth.chun@bbbsnorthwest.org).

She will alert your Match Support Specialist or BSW Program Coordinator to tally your points and coordinate delivering your prizes!

\*All activities should be completed with the approval or guidance of an adult in the home.

## MATCH PHOTO CHALLENGE

Play virtual I-Spy over video chat or by taking a picture. You can choose to show a room, the view out your window, or an especially messy closet and ask your Big/Little to guess what you 'spy'.



One player thinks of a person, place or thing. The other player can ask only 20 questions to try to guess!



PERSON



PLACE



THING

Share your favorite song of the week, or of all time, with your Big/Little and have a dance party over the phone or video chat. Break out your best dance move or create a new dance move together.



Write out a list of things you want to do with your Big/Little when you are safely able to meet in person again.



Just because you have to stay at home doesn't mean you can't celebrate! Create a wacky holiday of your own to celebrate with your Big/Little.



Work together to create the zaniest hair and/or makeup looks you can come up with.

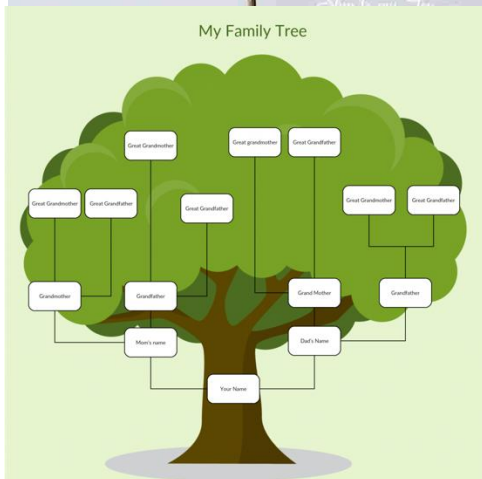


# MATCH PHOTO CHALLENGE

## 7. CREATE A CRAFT OF YOUR CHOICE (4 POINTS)

Craft Ideas:

- **Paper Bag Monster Puppets:** All you need is a paper bag and a pen, then let your imagination create the rest! (pictured right) <https://iheartcraftythings.com/paper-bag-monster-puppets.html>
- **Simon Says, Draw!** Simon (Big or Little) says, “draw circles,” and the artists each draw circles. Simon also says things like “use the color orange,” “draw dots,” and “draw a face.” Then compare and see how different your two drawings look.
- **Rolled paper beads:** Put your old magazines to good use! (pictured right) <https://kids.nationalgeographic.com/explore/nature/kids-vs-plastic/paper-beads/>
- **Woven Yarn Craft:** If you have yarn and two sticks, you can make these colorful creations to hang in your room! (pictured right) <https://persialou.com/gods-eye-camp-craft-tutorial/>
- **Painted Rocks:** Paint & rocks you can gather outside- the materials are simple, but the possibilities are endless! <https://fabulesslyfrugal.com/diy/easy-rock-painting-ideas-for-beginners/>
- **Create a Paper Fidget Spinner:** You don’t need to buy one to fulfill the need to spin! <https://www.instructables.com/id/How-to-Make-Paper-Spinners/>
- **Make a Family Tree:** Spend some time talking to the members of your family to create a family tree.
  - Do you know the names of your great-grandparents? Your great-great grandparents? Do you have any first, second, or third cousins?
  - Once you have investigated the members of your family tree, you can share what you found with your Big! You can also turn your discovery into an art project, drawing a branch or a leaf for each member of your family.
- **A Craft Idea of your Own:** If you have already completed a fun, craft project at home please let us know so we can share your great idea with other BBBS matches!



# MATCH PHOTO CHALLENGE

## 8. SHOW & TELL (4 POINTS)

Have a virtual show & tell over the phone, texting, or video chat. Find your favorite object, an awesome DIY project you made, a new song you love, or anything that matters to you. Show it off, talk about why you like it, and share any facts/stories you know about it.



## 10. COLOR & CHAT (4 POINTS)

Spent some time talking with your Big over the phone or video chat while coloring or drawing. Then, share your creations with each other. If you are feeling stressed, coloring is a great way to focus on one small task at a time. You can find coloring pages to print at the following sites:

- <https://www.crayola.com/free-coloring-pages/new-coloring-pages/>
- <http://www.supercoloring.com/>
- <http://www.supercoloring.com/coloring-pages/arts-culture/mandala>
- <http://coloring-4kids.com/en/animal/>



## 9. WRITE A LETTER (4 POINTS)

Write a message or create something to send to your Big/Little. To send something by mail, please follow the protocol established with your Match Support Specialist. If sending to BBBS Office, please inform your Match Support Specialist as our staff is currently working remotely: **6443 SW Beaverton-Hillsdale Hwy Suite 200, Portland, OR 97221**



## 11. BUILD A FORT (4 POINTS)

Challenge your Big or Little to build a fort out of materials you can find in your home (pillows, chairs, blankets). You can create a house, rocket ship, castle, or anything you can think of!



# MATCH PHOTO CHALLENGE

## 12. QUARANTINE-O-WEEN (6 POINTS)

Create a Halloween costume, or wear one from the past, to celebrate this fall holiday in the spring! Get together to celebrate over video chat, or send pictures to your Big/Little.



## 14. KEEP A FIELD JOURNAL (6 POINTS)

Look out the window, go for a walk outside, or track what happens in your own home. You can keep a field journal by recording what you see, drawing a picture, collecting samples, or keeping count of animals/plants. For additional tips about keeping a field journal, visit this website:

<https://theartofsimple.net/nature-journaling-with-kids/>



## 13. LIGHTS, CAMERA, ACTION! (6 POINTS)

Choose or write a movie scene for your Big/Little to act out in their home. Either record it, or preform it live over video chat. If you want additional tips for how to make your own movie, visit this website:

<https://www.wikihow.com/Make-a-Movie-As-a-Kid>



## 15. WRITE A BOOK REVIEW (6 POINTS)

Write a book review about your favorite book, your least favorite book, or a book you just read. Would you recommend this book to your Big/Little? What made you decide to read it? You can also access free e-books through the Multnomah Public Library Website:

<https://multcolib.org/e-books-and-more>



# MATCH PHOTO CHALLENGE

## 16. LEND A HELPING HAND (6 POINTS)

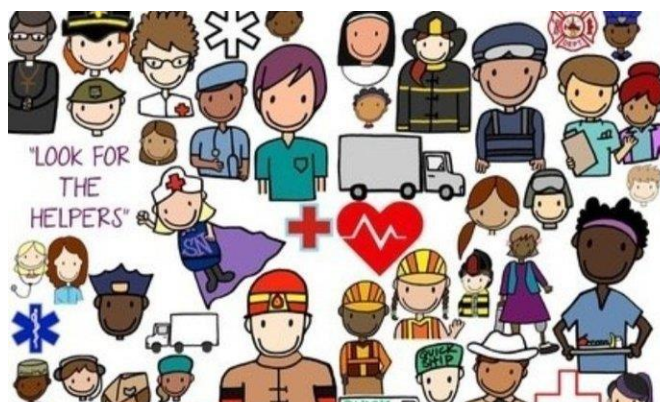
Making somebody else's day can brighten your mood when you are stuck inside! You can help your parent/guardian cook a meal, help a sibling with a chore, call a family member who lives alone, or write a friend a letter letting them know you miss them. Take a picture and let your Big/Little know how you were able to help somebody else from home.

I Get By With A Little Help  
From My Friends!



## 18. NOMINATE SOMEONE FOR WARRIOR WEDNESDAY (6 POINTS)

Nominate a Big, parent/guardian, family member, or friend to be featured on BBBSCNW's Warrior Wednesday across all our social media. This could be anyone making a difference in the fight against COVID-19: medical staff, grocery workers, caregivers, or neighborhood heroes of any kind! Send your nomination to your Match Support Specialist or Program Coordinator.



## 17. MINUTE TO WIN IT (6 POINTS)

Set up a start line and a finish line two feet apart using tape (or some other marker). Use cotton balls, pom poms, small crumpled up balls of newspaper, or whatever light items you can find in your home. Ask your Big to set up a one-minute timer. Then, see how many items you can blow across the finish line in a minute. For an added challenge, use a straw!

You can also challenge each other to move as many pieces of cereal as you can from one plate to another (without using your hands). Or, come up with a 'Minute to Win It' challenge of your own!



## 19. DANCE TUTORIAL (6 POINTS)

Learn a new dance routine on YouTube/TikTok (or create one of your own) and teach it to your Big/Little over video chat.



# MATCH PHOTO CHALLENGE

## 20.MAD-LIBS (2 POINTS)



## MAD LIBS® BASKETBALL PLAYOFFS

*To be read enthusiastically:*

Hi! This is \_\_\_\_\_, speaking to you from the  
PERSON IN ROOM  
broadcasting \_\_\_\_\_ at the \_\_\_\_\_ forum.  
NOUN ADJECTIVE  
In case you \_\_\_\_\_ in late, the score between the  
VERB (PAST TENSE)  
Los Angeles \_\_\_\_\_ and the Boston \_\_\_\_\_ is a  
PLURAL NOUN PLURAL NOUN  
squeaker, 141 to \_\_\_\_\_. This has been the most \_\_\_\_\_  
NUMBER ADJECTIVE  
game these \_\_\_\_\_ eyes have seen in years. First, one  
ADJECTIVE  
team scores a \_\_\_\_\_, then \_\_\_\_\_!—the other  
NOUN EXCLAMATION  
team comes right back. Okay. Time-out is over. Los Angeles brings in  
the ball at mid-\_\_\_\_\_. \_\_\_\_\_ dribbles  
NOUN ANOTHER PERSON IN ROOM  
down the \_\_\_\_\_, fakes the defender out of his \_\_\_\_\_  
NOUN NOUN  
and shoots a \_\_\_\_\_-handed shot. It goes right through the  
NUMBER  
\_\_\_\_\_. He beat the \_\_\_\_\_! The game is  
NOUN NOUN  
over just as the \_\_\_\_\_ goes off.  
NOUN

# MATCH PHOTO CHALLENGE

## 21. PARTNER CHALLENGE WORKSHEET (4 POINTS)

Complete the following worksheet with your Big/Little over the phone or video chat.

### The Big/Little Challenge

☐ Little: Draw a portrait of your Big in one minute or less! Use an extra sheet of paper.

☐ Invent a new word and use it in a sentence.

Word: \_\_\_\_\_

Definition: \_\_\_\_\_

In a sentence: \_\_\_\_\_

☐ Little: Remembering that there are 12 inches per foot, guess how tall your Big is, in inches. Then grab a tape measure and find out!

Guess: \_\_\_\_\_ Actual height: \_\_\_\_\_



☐ Big: Guess your Little's wingspan (fingertip to fingertip, when arms are outstretched), in inches. Then grab a tape measure and find out!

Guess: \_\_\_\_\_ Actual wingspan: \_\_\_\_\_

☐ Bonus task: which is greater for you, your height or your wingspan? Circle below.

Little: Height: \_\_\_\_\_ Wingspan: \_\_\_\_\_



☐ Form all the letters in both of your names using your bodies. Draw your favorite example on the extra sheet of paper. (☐ Bonus task: do the whole alphabet!)



☐ Write a note to someone, telling them something you admire about them.

☐ Make a work of art out of the trash at your home. Write an artist's statement\* below.

\*An artist's statement is a brief description of the work of art for viewers.

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# MATCH PHOTO CHALLENGE

## 22. SPRING ALPHABET CHALLENGE (4 POINTS)

Can you come up with a SPRING themed word for each letter of the alphabet?



A \_\_\_\_\_  
B \_\_\_\_\_  
C \_\_\_\_\_  
D \_\_\_\_\_  
E \_\_\_\_\_  
F \_\_\_\_\_  
G \_\_\_\_\_  
H \_\_\_\_\_  
I \_\_\_\_\_  
J \_\_\_\_\_  
K \_\_\_\_\_  
L \_\_\_\_\_  
M \_\_\_\_\_

N \_\_\_\_\_  
O \_\_\_\_\_  
P \_\_\_\_\_  
Q \_\_\_\_\_  
R \_\_\_\_\_  
S \_\_\_\_\_  
T \_\_\_\_\_  
U \_\_\_\_\_  
V \_\_\_\_\_  
W \_\_\_\_\_  
X \_\_\_\_\_  
Y \_\_\_\_\_  
Z \_\_\_\_\_